



# Lake Herman Loop



## Quick Facts

Difficulty **Strenuous**  
 Distance **20 Miles**  
 Type **Loop**  
 Time **1½ – 2 hours**

*This ride starts in downtown Benicia and runs along the waterfront towards the State Recreation Area. It involves a long climb on Columbus Parkway to Lake Herman Road. There is an optional ride up Georgia Street for a more strenuous workout. Enjoy the views from Lake Herman Road before you descend towards Lake Herman. Continue on towards East 2nd Street for views of Mount Diablo. A final climb up East 2nd Street leads to an easy descent down to East Military and the starting point.*